

# Lunch

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<b>SOUP</b>	Leek & Potato	Tomato & Basil	Parsnip & Cumin	Miso & Tofu	Vegetable & Lentil	11am-1pm Brunch
<b>OPTION 1</b>	Rich & Creamy Beef Keema Served With Basmati Rice Naan Bread Spiced Mango Chutney Kachumber Salad & Raita	Braised Chicken Cacciatore Served With Herby New Potatoes & Green Beans	Slow Cooked Beef Lasagne Served With Garlic Bread & Baked Beans	Spicy Sweet & Sour Pork Served With Steamed Rice & Stir-Fry Vegetables	Breaded Fish Fillet Served With Chips, Peas & Homemade Tartare Sauce	2 Sausages/2 Bacon Eggs Baked Beans Hashbrowns
<b>OPTION 2</b>	Rich & Creamy Spinach & Chickpea Keema Curry Served With Basmati Rice Naan Bread Spiced Mango Chutney Kachumber Salad & Raita	Baked Aubergine Cacciatore Served With Herby New Potatoes & Green Beans	Roasted Vegetable Lasagne Served With Garlic Bread & Baked Beans	Spicy Sweet & Sour Jack Fruit Served With Steamed Rice & Stir-Fry Vegetables	Spicy Battered Courgette steak With Chips, Peas & Homemade Tartare Sauce	Orange Juice Milk 1 Croissant Or 1 Pain Au Chocolat
<b>GRAB &amp; GO</b>	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection	Saturday Waffle
<b>DESSERT</b>	Chocolate Marble Cake	Coconut & Cherry Sponge	Chocolate Cookies	Berry & Apple Crumble Served With Custard	Sticky Toffee Pudding	Sunday Brunch Special
<b>EVERY DAY</b>	Freshly Cut Seasonal Fruit	Freshly Cut Seasonal Fruit	Freshly Cut Seasonal Fruit	Freshly Cut Seasonal Fruit	Freshly Cut Seasonal Fruit	



# Lunch

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<b>SOUP</b>	Broccoli & Stilton	Roasted Red Pepper & Tomato	Leek & Potato	Carrot & Coriander	Miso & Tofu	11am-1pm
<b>OPTION 1</b>	Szechuan Chicken Stir-Fry Served With Basmati Rice & Five Spiced Vegetables	Classic Slow Cooked Beef & Pasta Bolognese Served With Peas And Sweetcorn With Garlic Bread	British Pork Or Halal Sausage & Creamy Mash Served With Yorkshire Pudding, Peas & Gravy	Naan Wrapped Tandoori Chicken Leg With Kachumber Salad & Basmati Rice	Creamy Fish Pie Served With Chips, Peas & Homemade Tartare Sauce	Brunch 2 Sausages/ 2 Bacon Eggs Baked Beans
<b>OPTION 2</b>	Szechuan Tempeh Stir-Fry Served With Basmati Rice & Five Spiced Vegetables	Classic Slow Cooked Lentils & beans Pasta Bolognese Served With Peas & Sweetcorn With Garlic Bread	Italian Sausage & Creamy Mash Served With Yorkshire Pudding, Peas & Gravy	Naan Wrapped Tandoori Tofu With Kachumber Salad & Basmati Rice	Vegan Quorn "Chiqin" Strips With Chips, Peas & Homemade Tartare Sauce	Hash Browns Mushrooms Orange Juice Milk
<b>GRAB &amp; GO</b>	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection	1 Croissant Or 1 Pan Au Chocolat
<b>DESSERT</b>	Lemon Sponge Drizzled With Lemon Icing	Chocolate Brownies	Peach Cobbler & Custard	Ginger Sponge	Fruit Crumble	Saturday Waffles Sunday Vietnamese Pho
<b>EVERY DAY</b>	Freshly Cut Seasonal Fruit	Freshly Cut Seasonal Fruit	Freshly Cut Seasonal Fruit	Freshly Cut Seasonal Fruit	Freshly Cut Seasonal Fruit	

# Lunch

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>SOUP</b>	Cream Of Tomato	Minestrone	Mushroom & Tarragon	Curried Sweet Potato & Carrot	Tomato & Lentil	11am-1pm
<b>OPTION 1</b>	Aromatic Char Sui Pork Stir-Fried Asian Greens Fragrant Steamed Basmati Rice	Beef Burrito Served With Seasoned Fries, Sour Cream, Nachos & Salsa	Creamy Chicken Pasta Served With Garlic Bread, Roast Carrots & Courgettes In A Tahini Dressing	Curried Pork & Black Eye Bean Casserole Served With Basmati Rice, Naan Bread Spiced Mango Chutney & Kachumber Salad	Breaded Fish Fillet Served With Chips, Peas & Homemade Tartare Sauce	Brunch 2 Sausages/2 Bacon Eggs Baked Beans
<b>OPTION 2</b>	Aromatic Char Sui Tempeh Stir-Fried Asian Greens & Fragrant Steamed Basmati Rice	Vegetable & Bean Burrito Served With Seasoned Fries, Sour Cream, Nachos & Salsa	Creamy Jackfruit Pasta Served With Garlic Bread, Roast Carrots & Courgettes In A Tahini Dressing	Creamy Coconut Cauliflower & Lentil Spiced Curry Served With Basmati Rice, Naan Bread & Kachumber Salad	Vegan Quorn "Chiqin" Strips With Chips, Peas & Homemade Tartare Sauce	Hash Browns Mushrooms Orange Juice Milk
<b>GRAB &amp; GO</b>	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection	1 Croissant Or 1 Pan Au Chocolat Saturday Waffles
<b>DESSERT</b>	Fruit Oat Flapjack	Lemon Drizzle & Cream	Chocolate Sponge	Banana Cake	Chocolate Cookies	Sunday Brunch Special

# Supper

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPTION 1	Jerk Chicken	Slow Cooked Beef Chilli	Moroccan Spiced Lamb Tagine	BBQ Chilli Chicken Wings	Singapore Fried Noodles	Bratwurst Hot Dogs	Roast Chicken
OPTION 2	Jerk Aubergines	Slow Cooked Vegan Chilli	Slow Cooked BUTTERNUT SQUASH TAGINE	BBQ Chilli Stuffed Peppers	Tofu Singapore Fried Noodles	Vegetarian Hot Dog	Sage & Onion Wellington
ON THE SIDE	Served With Rice "N" Beans & Corn On The Cob	Steamed Rice, Sour Cream, Nachos & Guacamole	Served With Moroccan Cous Cous & Green Beans	Served With Seasoned Fries Sweetcorn & Coleslaw	Served With Stir-Fry Asian Greens	Served In A Pretzel Bun With Chips, Onions & Sweetcorn	Served With Roast Potatoes Homemade Yorkshire Pudding & Seasonal Vegetables
DESSERT	Lemon Drizzle Cake	Chocolate Sponge	Banoffee Pie & Whipped Cream	Rice Crispy Cake	Chocolate Brownie	Rice Pudding	Rocky Road

SELECTION OF FRESHLY CUT & WHOLE FRUITS

# Supper

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPTION 1	Lime Grilled Chicken Fillet	Beef Goulash	Roasted Chicken In Tomato Sauce Glazed With Mozzarella	Lamb Meatballs Served In A Rich Tomato Sauce	Spicy Chicken Pasta Bake	Pepperoni Pizza	Roast Turkey With Homemade Yorkshire Pudding & Gravy
OPTION 2	Chickpea Falafel	Potato & Bean Goulash	Stuffed Squash With Roasted Vegetable Couscous	Spiced Vegetable Ragout Served In A Rich Tomato Sauce	Spicy Vegetable Pasta Bake	Mushroom Pizza	Feta & Beetroot Tart
ON THE SIDE	Served In A Pitta Pocket With Tzatziki, Fries & Red Onion Salad	Served With Steamed Basmati Rice & Sweet Chilli Green Beans	Served With Herby Baby Potatoes & Carrots	Served With Rice Pilaf & Sautéed Cabbage	Served With Roast Carrots & Courgettes In A Tahini Dressing	Garlic Bread & Selection Of Fresh Salads	Roast Potatoes & Seasonal Vegetables
DESSERT	Cherry Berry Mess	Flapjack	Chocolate Brownie	Coconut Sponge	Double Chocolate Cookie	Cornflake Tart	Sticky Toffee Pudding

SELECTION OF FRESHLY CUT & WHOLE FRUITS

# Supper

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPTION 1	Creamy Chicken & Leek Pie	Soy Glazed Strips Of Beef	Turkey & Mushroom Stroganoff	Cottage Pie	Chicken Tikka Masala	Pretzel Cheese Burger	Roast Chicken
OPTION 2	Creamy Potato & Leek Pie	Soy Glazed Quorn Fillet	Jack Fruit Stroganoff	Soya Mince Cottage Pie	Jackfruit & Chickpea Tikka Masala	Pretzel Veggie Cheese Burger	Vegetarian Sausages With Yorkshire Pudding & Gravy
ON THE SIDE	Served With Braised New Potatoes & Seasonal Cabbage	Served With Basmati Rice & Green Vegetable Stir Fry	Served With New Potatoes & Broccoli	Served With Roasted Carrots & Broccoli	Served With Basmati Rice & Lentil Dahl	Served With Chips, Coleslaw & Peas	Served With Roast Potatoes With Carrots & Broccoli
DESSERT	Jam Sponge	Rice Crispy Cake	Ginger Sponge	Seasonal Fruit Crumble	Banana Cake	White Chocolate Cookie	Sponge Cake
<b>SELECTION OF FRESHLY CUT &amp; WHOLE FRUITS</b>							